1. Call to Order.

2. Roll Call. Melissa Andrews (ch), Dustin Schulz (vc), Doug Mullen, Janet Gibbs, Lisa Jording, Derek Reinmann, Matt Noar, Kent Hair, J.T. Gentes, Emily Barker, Chuck Nagel, and John Krug.

3. Approval of Minutes
   a. Approval of June 10, 2020 Minutes

4. Public Input

5. Report of Fund Balances

6. Appointments

7. Old Business
   a. Discussion and possible recommendation of the Choose to Lose Weight Loss Program offered by TRIA Health (a one-time fee of $325 per engaged member per year and a monthly fee of $35 per engaged member)
   b. Discussion and consideration of amending the plan to allow broader coverage for hearing-related services and supplies effective Plan Year 2021.
   c. Smoking Cessation (promotional flyer from MedTrak)

8. New Business

9. Other
   a. County Board Action Follow-up (Monthly item)
      The appointment of Cayla Comens as an alternate and the recommendation of allowing claims for consultations by telephone, email, or online physicians retroactive to March 21, 2020 through the end of the Plan Year 2020 were forwarded to the June County Board and were both approved.
   b. Monthly Update/Quarterly Report from Snedeker’s

10. Executive Session (if necessary)

11. Any Action Coming Out of Executive Session

12. Announce Next Meeting Date
    a. Next meeting will be August 12, 2020

13. Adjournment
HEALTH CARE COMMITTEE
COUNTY BOARDROOM
WEDNESDAY, JUNE 10, 2020
3:00 PM
MINUTES

1. Call to Order. – Called to order at 3:00.

2. Roll Call. Melissa Andrews (ch), Doug Mullen, Lisa Jording, Derek Reinmann, Janet Gibbs, J. T. Gentes, Kent Hair, Chuck Nagel, and John Krug were all present. Dustin Schulz (vc) and Matt Noar were excused and Emily Barker was absent. County Clerk Dawn Kupfer was also in attendance and Jason Booth of SRM attended via Zoom.

3. Approval of Minutes
   a. Approval of March 11, 2020 Minutes

Motion to approve the March 11, 2020 minutes as submitted made by Chuck Nagel, seconded by Doug Mullen. Motion to approve as submitted carried.

4. Public Input - None

5. Report of Fund Balances

   Premium & Claims Reserve Fund:  $ 660,279.61
   Health Care Plan Fund:          $ 58,341.17
   Total of Funds as of June 10th: $ 718,620.78
   Deposit 1st Payroll of the month on June 11th: $ 100,286.27
   Total of Funds as of June 11th: $ 818,907.05

6. Appointments
   a. Appointment of Cayla Comens (representing FOP Probation) to the Health Care Committee as an alternate for a three year term expiring the 1st Monday in December, 2022.

   Motion for the appointment of Cayla Comens as alternate for FOP Probation made by Lisa Jording, seconded by Janet Gibbs. Motion carried and will be forwarded to the full County Board.

7. Old Business - None

8. New Business
   a. Discussion and possible recommendation of the STOP Tobacco Cessation Program offered by TRIA Health ($300 per engaged member per year for Track 1).

   Our Health Care Plan already covers 100% of Tobacco Cessation prescriptions. Jason will see if we can get fliers from MedTrak to distribute to our employees to promote stopping tobacco use.

   b. Discussion and possible recommendation of the Choose to Lose Weight Loss Program offered by TRIA Health (a one-time fee of $325 per engaged member per year and a monthly fee of $35 per engaged member).

   There would be value in promoting weight loss programs. Diabetes and weight related illnesses can be a cause of a lot of health care spending so participating in this wouldn’t be a bad idea. Diabetes medications would be covered by our plan, however, weight loss medications or services would not be. We do have the option of cost sharing with the participant as the program is voluntary. If the
c. Discussion and recommendation of allowing claims for consultations by telephone, email, or online physicians retroactive to March 21, 2020 for a period to be determined (such as 90 or 120 days or until the end of Plan Year 2020 or permanently).

During the COVID-19 pandemic, a participant of the Health Care Plan called her doctor to have her medication changed and was then charged for an office visit and the claim was denied by our plan. Several of SRM’s groups have had this same issue. It would be reasonable to amend the plan to allow for these claims thru the end of our plan year or even permanently. Chuck Nagel made a motion to allow these claims to be treated as in-office visits retroactive to March 21, 2020 thru the end of the plan year 2020 and then re-evaluate. Motion was seconded by Kent Hair and was carried. We will forward this to the full County Board for approval.

d. Discussion and consideration of amending the plan to allow broader coverage for hearing-related services and supplies effective Plan Year 2021.

Participants of the plan have asked about hearing aid coverage which is currently not covered by our plan, which is not uncommon. Illinois recently mandated that fully insured plans cover hearing aids for individuals 65 or older and children providing coverage for up to $2,500 per hearing aid per 24 month period. Self-insured plans such as ours are not subject to these mandates. We can decide to amend the plan with the new plan year, otherwise we have to give a 60 day notice to participants of any plan changes mid-year. Having a separate plan for hearing coverage is not a viable option. It is better to spread these costs out over a larger group. Jason will provide some examples of coverage options to help us decide. We will leave this on the agenda to revisit during discussions of setting contribution rates later this year.

9. Other
   a. County Board Action Follow-up (Monthly item)

There were no items forwarded to the County Board in March 2020 and no meetings in April or May.

b. Monthly Update/Quarterly Report from Snedeker’s

Snedeker’s office provided the 2020 Plan Performance Report thru May 31, 2020 along with recent years for comparison. There is a net loss of $51,965.64 thru the end of May. A net negative performance for the 2020 plan year is expected as a result of the increase in stop-loss premiums. We may need to consider contribution rate increases that are a bit higher than the low 2-4% range we’ve had in recent years. Our enrollment has increased over the years but average cost per employee has remained fairly stable over the years. Our plan was doing well when we set the contribution rates last year and only increased by 2% on most plans.

10. Executive Session (if necessary) - None

11. Any Action Coming Out of Executive Session - None
12. Announce Next Meeting Date

Next meeting will be July 15, 2020

13. Adjournment

Motion to adjourn at 3:48 made by Lisa Jording, seconded by J.T. Gentes. Motion carried.

Melissa Andrews, Chairman of the Health Care Committee
Hi Melissa,

In follow-up to last month’s health care committee meeting, attached please find a smoking cessation product promotional flyer that Woodford County may wish to use as it sees fit.

Also, regarding the inquiry about possible examples for how to set up hearing coverage under the plan, if the county were to decide to add it in the future, we received the following examples from Trustmark:

- **Example 1**: Plan covers one routine hearing exam per calendar year. For hearing aids: maximum benefit is $1,000 for Hearing Aids per Ear per Lifetime.

- **Example 2**: Plan covers hearing services as described and for hearing aids provides a maximum benefit of one hearing aid per ear per 3 year period:
  - **HEARING AID SERVICES**
    - Covered expenses include the following hearing aid services when provided by or purchased as a result of a written recommendation from an otolaryngologist or a state-certified audiologist, subject to the maximum benefit as shown on the Schedule of Benefits:
      1. Audiological evaluations to measure the extent of hearing loss and determine the most appropriate make and model of hearing aid. These evaluations will be covered under Plan benefits for office visits to physicians.
      2. Hearing aids (monaural or binaural) including ear mold(s), the hearing aid instrument, initial batteries, cords and other ancillary equipment.
      3. Visits for fitting, counseling, adjustments and repairs for a one (1) year period after receiving the covered hearing aid.
    - No benefits will be provided for the following:
      1. Charges for replacement batteries, and charges for the replacement or repair of a lost or damaged hearing aid.
      2. Charges for a hearing aid which exceeds specifications prescribed for the correction of hearing loss, or for more than one hearing aid per ear every three years.

- **Example 3**: Plan covers one hearing exam per calendar year. For hearing aids: maximum benefit of one hearing aid per ear per 2 year period.

Finally, they did note that any addition of hearing-related coverage would be included as a part of the major medical plan (both the traditional major medical and the QHDHP, as well as the SMMP) and not made available as an optional rider. So it would not be something like the dental/vision benefit where someone could choose to have it or not if they were enrolled in a major medical plan; it would just be included if the county...
opted to add coverage in this area. And of course the above are just examples, so the county could opt to adjust as it wishes, such as imposing different frequency limits or dollar amount limits, if applicable.

I hope you have a good weekend!

Regards,
Jason

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Smoking Deterrents Covered at $0!

QUIT SMOKING WITH MEDTRAKRX’S SMOKING CESSATION PROGRAM

Did you know that your current prescription drug plan allows you to fill prescription strength medications that will help you stop smoking? Smoking deterrents are covered by your plan and through Health Care Reform, they are offered at a $0 copay to you! *(WA toward your deductible)*

Over-the-counter and Legend medications per FDA guidelines are limited to two treatment cycles per calendar year. A treatment cycle consists of the “length of treatment” for each drug listed below. The following chart outlines some of the most commonly used prescription smoking deterrents. It is important for you and your physician to discuss the options available and together decide which approach is best for you.

### Nicotine Replacement Products

<table>
<thead>
<tr>
<th>Product Types</th>
<th>Common Brand</th>
<th>OTC / Rx</th>
<th>Average Length of Therapy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patches</td>
<td>Nicoderm CQ</td>
<td>OTC</td>
<td>12 Weeks</td>
</tr>
<tr>
<td>Gum</td>
<td>Nicorette</td>
<td>OTC</td>
<td>12 Weeks</td>
</tr>
<tr>
<td>Lozenges</td>
<td>Commit</td>
<td>OTC</td>
<td>12 Weeks</td>
</tr>
<tr>
<td>Nasal Spray</td>
<td>Nicotrol</td>
<td>Rx</td>
<td>12 Weeks</td>
</tr>
<tr>
<td>Oral Inhaler</td>
<td>Nicotrol</td>
<td>Rx</td>
<td>12 Weeks</td>
</tr>
</tbody>
</table>

### Non-Nicotine Containing Smoking Deterrents

<table>
<thead>
<tr>
<th>Brand Drug</th>
<th>OTC / Rx</th>
<th>Average Length of Therapy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chantix</td>
<td>Rx</td>
<td>7 to 12 Weeks</td>
</tr>
<tr>
<td>Zyban</td>
<td>Rx</td>
<td>12 Weeks</td>
</tr>
</tbody>
</table>

If you have questions about the products above or the products covered under your plan, please contact MedTrakRx at 800-771-4648.