



## What's In Season



Crop	June	July	Aug.	Sept.	Oct.
Apples					
Artichokes					
Asparagus	■				
Beans	■	■	■		
Bell Peppers		■	■	■	■
Berries	■	■	■	■	
Cabbage	■	■		■	■
Carrots	■	■	■	■	■
Cauliflower					
Cherries	■	■			
Corn		■	■	■	■
Cucumber					
Eggplant	■	■	■	■	
Garlic	■	■	■	■	
Grapes		■	■	■	
Herbs					
Horseradish	■	■	■	■	
Leeks	■	■	■		



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Cucumber					
Eggplant	■	■	■	■	
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Garlic	■	■	■	■	
Grapes		■	■	■	
Herbs					
Horseradish	■	■	■	■	
Leeks	■	■	■		

This institution is an equal opportunity provider.

\*Availability of fruits and vegetables may vary by location.

Crop	June	July	Aug.	Sept.	Oct.
Lettuce	■	■	■	■	
Melons	■	■	■	■	
Nectarines	■	■	■	■	
Okra	■	■	■	■	
Onions	■	■	■	■	
Peaches	■	■	■	■	
Peas	■	■	■	■	
Plums	■	■	■	■	
Potatoes	■	■	■	■	
Pumpkin	■	■	■	■	
Potatoes (Sweet)	■	■	■	■	
Radicishes	■	■	■	■	
Rhubarb	■	■	■	■	
Spinach	■	■	■	■	
Squash	■	■	■	■	
Strawberries	■	■	■	■	
Tomatoes	■	■	■	■	
Turnips	■	■	■	■	

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